

# New Creation MediCosmetic Centre offers wellness in every dimension

By Roselyn Kelada-Sedra  
Special to The Standard

Every day, the field of medical cosmetics deepens and expands in its artistry and understanding. At the New Creation MediCosmetic Centre, Dr. I.P. Kelada-Sedra keeps in the forefront of this ever-broadening field, pursuing ongoing, up-to-date education to distinguish herself and her team of professionals.

As a family physician with 30 years of experience and surgical training, Dr. Kelada-Sedra understands the constancies that govern health and healing, recognizing how the passage of time and the environment wear on the skin like a plodding disease. She treats the effects of skin damage with great success, for the process of healing is predictable, dependable and most importantly, directable.

A person's self-esteem can be diminished by many skin conditions, such as excessive sweating or ingrown hair, acne and acne scarring, actinic and seborrheic keratosis, spider and varicose veins, vascular lesions, skin laxity, freckles and other forms of pigmentation, as well as innumerable marks left by time, sun and gravity.

At New Creation, Dr. Kelada-Sedra and her team combat the many factors that adversely affect complete wellness, focusing on "restoring the original masterpiece."

As one of the foremost practitioners in the peninsula, the doctor stimulates the natural healing responses of each layer of the dermis and remove barriers that may block its progress.

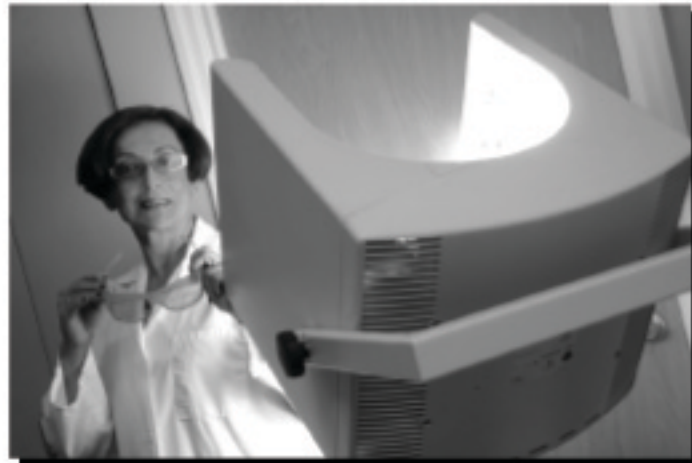
When you visit the New Creation centre for the first time, you will be offered a complimentary, obligation-free consultation with Dr. Kelada-Sedra, where you can express your concerns and learn about the procedures that will benefit you most and fit your situation, comfort level and goals.

As we grow older, our skin experiences the 3D effects of aging: descent, deflation and deterioration. Gravity produces sagging jowls, nasolabial folds and wrinkles. The deterioration of connective tissue produces a hollow, sunken look. Surface damage accumulated over the years results in wrinkles, actinic keratosis, seborrheic keratosis, pigmentation and scarring.

At New Creation, customized restorative packages are designed to address these multidimensional issues,

helping patients look and feel rested, relaxed and rejuvenated.

New Creation draws from leading technologies, such as Hyaluronic acid fillers, to renew the image of wellness. For a more long term or permanent effect, there's Radiesse and ArteSense. Artfully placed Botox can relieve tension in key muscles, minimizing wrinkles and facial asymmetry, and eliminating pain from muscle fatigue and



Dr. I.P. Kelada-Sedra, who, with her professional team at New Creation MediCosmetic Centre, seeks to recreate a person's original natural beauty.

Photo special by Stephen Dominick

tension headaches. Dr. Kelada-Sedra employs Botox in preparation for deep resurfacing procedures. She selects from several distinct treatment options to resurface youthful layers of the skin.

Assisted by a team trained in nursing and medical aesthetics, Dr. Kelada-Sedra removes deadened or deteriorating layers of skin to reveal untouched layers of youthfulness. Utilizing the LAPG Telecentric scanner, Erbium makes radical rejuvenation possible. Depending on the intensity of the treatment, it can reduce or even erase severe wrinkles around the mouth, eyes and jowl region.

Given the recuperation time needed, ablative laser resurfacing can achieve natural-looking rejuvenation without surgery. The doctor has recently added Sciton's ProFractional as an option for deeper, selective or "fractional" penetration of the epidermal and dermal layers, which stimulates epithelial healing and collagen formation. New Creation's freshest platform yet can improve acne scars, superficial actinic keratosis and dyschromia or sun damage.

The Erbium MicroLaser Peel provides a wide range of light resurfacing options as well, offering an exceptional degree of control with very little down time and remarkable effects. With its capacity for precision and pre-selection of target depth, this tool enables the doctor to specify treatment to each patient's concerns, including acne scars, fine lines, pigmented nevi and other forms of sun damage, actinic keratosis, stretch marks, hypertrophic and other surgical scars.

According to Dr. Kent Remington, a pioneer in Canadian laser dermatology, Sciton's MicroLaser Peel bridges the gap between the surface-level treatment of microderm abrasion and the severe effect of more aggressive chemical peels, which require more recovery time than today's busy patients are willing to donate. Patients may have light peels near the end of the week and be back at work the following Monday without visible signs of the procedure.

Genesis, available through the Cool Glide Xeo, rejuvenates the skin's surface and expedites the healing process. Meanwhile, Titan restores volume and the firmness of youth by stimulating collagen contraction and regenerating connective tissue.

New to the cosmetic team is Darlene Mounsey Zembrod, who brings 30 years of experience in the refined art of permanent makeup to supplement the revivifying packages offered at New Creation. By implanting FDA-approved micropigments of colour carefully matched to skin tone, she redefines eyebrows or lashes lost to medical trauma or genetic factors. She treats corrective tattooing, reconstructing the look of a natural nipple areola.

Through New Creation MediCosmetic Centre, Dr. Kelada-Sedra and her team are devoted to nurturing physical and spiritual wellness and unveiling the masterpiece within.



## New Creation MediCosmetic Centre Dr. I.P. Kelada - Sedra



*Each individual possesses true inner beauty, but with minor imperfections that make us unique. While the inner beauty is what shines through and makes us the people we are, the physical imperfections we bear can lead to a deterioration of our sense of well-being and self-confidence. With the creation of "New Creation MediCosmetic", I am able to offer services that will rejuvenate individuals, not only in physical appearance, but also in mental & emotional well-being.*

*"He who works with his hands is a labourer.  
He who works with his hands and his head is a craftsman.  
He who works with his hands, head and his heart is an artist"*

- Hair Removal (CoolGlide Xeo™)
- Genesis Skin Resurfacing
- Skin Pigmentation Therapy (Laser & IPL)
- Vascular Therapy
- Facial & Leg Veins, Laser & Sclerotherapy
- MicroDerm Abrasions; Megapod Platinum™
- Titan-Skin Tightening
- Tattoo Removal - Medlite™ CG
- Fillers & Facial Contouring, Temporary & Long Lasting
- Mesotherapy for Fat & Cellulite Reduction
- Mesotherapy for Alopecia (Hair Loss)
- Botox - for Excessive Sweating, Headaches and Pain Management
- Cosmetic Botox
- Blu-U Light Therapy for Acne, Early Skin Cancers, Actinic Keratosis
- Lexipol Photodynamic Treatment
- Office Surgical Procedures
- Permanent Make-up & Corrective Cosmetics
- Urban Resurfacing, MicroLaser Peel & ProFractional™ for wrinkles, acne, surgical & traumatic scars, sun damage & pigmented lesions.

*The words of the Psalmist echo my sentiments: "You crown the year with goodness and Your paths drip with abundance." I stand amazed, thrilled and filled with gratitude as I see people's lives changed in an instant.*

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